

PRECAUTIONS AND CONTRAINDICATIONS

ABSOLUTE CONTRAINDICATORS

- Significant immunosuppression caused by disease states (HIV) or medication
- Ehlers-Danlos Syndrome
- Scleroderma or collagen vascular disease
- Roaccutane treatment within 6-12 months of use
- 6 months post-surgical procedures (superficial peels)
- History of hypertrophic or keloid scarring especially in the treatment region
- Current presence of malignancy or undiagnosed lesions in the treatment area
- Use of anti-mitotic and cancer medication within the past 12 months (chemo & Radiotherapy)
- Active infection at the treatment site: grade 4 acne, herpes simplex virus, bacterial and fungal infections
- Use of photosensitising medication

CONTRAINDICATIONS

- Medical conditions that may compromise or delay wound healing and/or cause complications eg: diabetes, autoimmune disease, allergies, cancer, lupus
- Current use of some medications eg antibiotics, photosensitising meds,
- Not complying with pre & post care instructions, including sun exposure
- Pregnancy & Breast feeding
- Allergic reaction
- Hepatitis C
- Broken, damaged or abraded skin within the treatment area
- Peel placed within the orbital rim

PRECAUTIONS

- History of skin disorder such as rosacea, dermatitis, eczema and psoriasis
- Use of topical prescription retinoid products
- Medications such as antibiotic, anti-inflammatories or blood thinners
- Poor lifestyle choices eg smoking, poor diet, (lack of protein and H2O) lack of sleep, fatigue, exhaustion, UV exposure and previous product usage
- Fitzpatrick types IV-VI

PRE TREATMENT INSTRUCTIONS In order to achieve the best results from your treatment we ask that you read and understand the following instructions. If you have any questions regarding these instructions please contact your Skin Specialist/Physician for clarification

I, _____ agree to stop, discontinue or not have any of the following treatments:

FOR 1 WEEK PRIOR TO TREATMENT:

- Anti-wrinkle injections
- Prescription topical Retin A from 5-7 days
- Home Needling
- Sun exposure, home needling, bleaching, hair dying.

FOR 2-4 WEEKS PRIOR TO TREATMENT:

- Waxing, bleaching or hair dying any areas to be treated (2 weeks)
- Depilatory use in any treated area (2 weeks)
- Electrolysis on any treatment area (2 weeks)
- IPL/Laser Hair removal treatments (2 weeks)
- IPL/Laser Skin Rejuvenation (2 weeks only prior to very superficial peels)
- Facial treatments of any kind including any AHA, BHA or Vitamin A treatments (2 weeks)
- Microdermabrasion / Epidermal Levelling (2 weeks)
- Dermal Fillers (4 weeks)
- IPL/Laser Skin Rejuvenation (4 weeks)
- AHA, BHA, or TCA Superficial to Medium Depth Peels (4weeks)
- Medical Needling (4 weeks at epidermis)
- TCA or Phenol Deep Peeling (4 weeks)

- **FOR 3 – 6 MONTHS PRIOR TO TREATMENT:**

- In clinic Needling (at dermis level)
- Fractional Ablative Laser Resurfacing
- IPL/Laser Skin Rejuvenation (for medium depth peels)

FOR 6 - 12 MONTHS PRIOR TO TREATMENT:

- Isotretinoin (Roaccutane)
- Facelift Surgery
- Full Ablative Laser Resurfacing

I also understand and agree to:

- Notify the clinic immediately if I stop or interrupt the prep procedure, as my appointment or type of treatment may need to be changed or rescheduled.
- A test patch prior to treatment for Salicylic Acid and selected Vitamin A peels or where there is the possibility of an allergy in order to reduce the risk of adverse response (if applicable)
- Notify my Skin Specialist immediately if there is any change to my health, including the introduction of any new medications (topical or oral) or oral supplements as they may cause increased sensitivity to my treatment

CLIENT / PATIENT SIGNATURE: _____ **DATE:** _____ /
_____ / _____

