



CONTRAINDICATORS TO TREATMENT

pregnancy and breastfeeding

pre-existing medical conditions causing neuro-muscular weakness: Myasthenia Gravis, Lambert Eaton Syndrome, generalised muscular weakness

difficulty swallowing or breathing

feeling unwell, current treatment with tetracycline and/or aminoglycosides antibiotics

infection or disease at the site

BEFORE YOUR ANTI WRINKLE INJECTION

- Let us know if your medical history has changed, or if you have changed / taken a new medication or started taking herbal supplements. Fish oils, ibuprofen, ginko and blood thinning medication can increase your risk of bruising and bleeding
- Avoid consuming alcohol for 24 hours pre and post treatment.

AFTERCARE

- Your skin may show Redness and Swelling at the injection site for 24 hours post treatment.
- You must stay up right for 30mins post treatment.
- Do some facial movements for 30mins
- Bruising at the injection site can be a common side effect of this treatment.
- There is a small chance you will experience headaches, pain, itching or a feeling of pins & needles at the injection point. - These are normal side effects, however please call the Clinic if you are concerned. Generally, these are temporary and can last up to a week.
- Avoid alcohol, exercise and heat (hot tubs, saunas, etc.) for 24 hours.
- Avoid products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic acids, Astringents, etc.) for 24 hours post-treatment, they may sting.
- Do not apply pressure to treatment area for a few days.
- Do not have any invasive skin treatments for 2 weeks post procedure
- It can take up to 2 weeks for the full effect of the anti-wrinkle injections to be noticed.
- **Do come in for your 2 week review, especially if this is the first time you have had treatment with antiwrinkle injections, or been treated by Sublime.**

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact me on 021951720

